

PROGRAM INFORMATION

# Living Single in a Couple's World

## Exploring the Social and Spiritual Possibilities of Single Life



### SAINT BENEDICT CENTER

*With heartfelt Benedictine hospitality, the monks of Christ the King Priory welcome you to Saint Benedict Center for an opportunity to rest and grow in the Lord*

**Saturday, April 28, 2012**



*"My spirit is faint within me, but you know my path. Along the way I walk they have hidden a trap for me" (Psalm 142).* Little is spoken about being single, except as a condition to avoid. Some are single throughout their life. For others re-entry into a single life is challenging. In the light of our Christian faith, it's time to explore the social and spiritual possibilities of single life.

The **Widowed, Separated & Divorce Support Group of Omaha** will facilitate this retreat, together with **Father Thomas A. Greisen**, a priest of the Omaha Archdiocese since 1982 who holds the position of Servant Minister, i.e. spiritual director of the diocesan priests, and resides at St. Rose of Lima Parish in Omaha, NE and **Peg Schindler**, a registered nurse and mother of three who lost her husband in June 2007. Peg turned her personal tragedy around to help others realize that God is always with them.

#### Presentations

**I. Listening to the Many Ways God Speaks to Us (Fr. Tom Greisen)** Listening...prayer as truly listening to our emotions/affectivity, history...how to pray with a listening heart...how to respond (and understand) what surfaces when we listen...how to handle the difficult emotions of anger, hurt, sorrow.

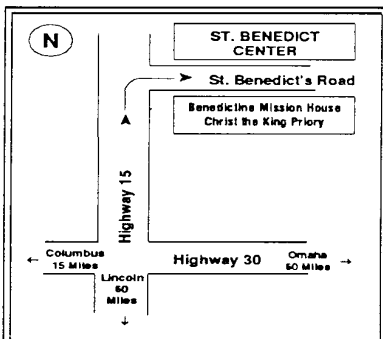
**II. God's Power is Greatest When We Are Weak (Peg Schindler)** Peg's inspirational story of love, loss and how faith helped her survive.

**III. Lament: Giving Permission to our Complaint (Fr. Tom Greisen)** Spiritual tool of prayer as lament...when we see the biblical structure to the prayer form of lament, we can see how much permission we are given to feel and speak out of our feelings...how the prayer form helps us put our painful emotions in a broader context that helps us 'hold' the lament (feelings) and gives us a place to direct it (God ultimately) and assists us to live in hope (by remembering our personal and communal history).

**Program Fee: \$30 (\$39.76 with lunch) – Early Reservations Appreciated**

**This program starts at 10:00 a.m. and closes at 4:00 p.m.; registration begins at 8:30 a.m.**

If you would like to register for this retreat, please fill out the registration form below and send it with your \$25.00 non-refundable deposit to: **Saint Benedict Center, P.O. Box 528, Schuyler, NE 68661-0528, Phone: 402-352-8819, Fax: 402-352-8884**



Website: [www.StBenedictCenter.com](http://www.StBenedictCenter.com)

Email: [Retreats@StBenedictCenter.com](mailto:Retreats@StBenedictCenter.com)

#### SAINT BENEDICT CENTER REGISTRATION FORM

Living Single in a Couple's World – April 28, 2012

Name(s) \_\_\_\_\_

Address \_\_\_\_\_ City/State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Total Deposits Enclosed \$ \_\_\_\_\_

Email \_\_\_\_\_

Your non-refundable deposit will hold your reservation. You can make your reservation over the phone and also apply your deposit to your Visa/Mastercard/Discover Card.

**If you would like to have lunch at the Center (\$9.76, includes tax), Please Check Here \_\_\_\_\_**

**If you are bringing your own lunch Please Check Here \_\_\_\_\_**

Schuyler, NE is 60 miles west of Omaha at the junction of U.S. Highway 30 and Nebraska Highway 15. Saint Benedict Center and the monastery are located north of town 3 miles from the intersection of Highways 15 and 30.