

## Volunteer Opportunities

Nebraskans are giving people. For the past five years, comprehensive studies conducted by the Corporation for National & Community Service have found that Nebraska is in the TOP 5 states for the highest rate of volunteerism in the nation.

### Comprehensive Lists

#### Creighton Center for Service and Justice

<http://blogs.creighton.edu/ccsj/2011/08/local-volunteer-opportunities/>

Offers an alphabetical listing by category of the Omaha/Council Bluffs agencies seeking volunteers. You will contact the agency directly for more information.

#### Live United

<http://volunteer.truist.com/omaha/org/opp/dir-A-1.html>

Provides a list of volunteer opportunities.

#### Volunteer Match - Omaha Volunteer Opportunities

<http://www.volunteermatch.org/search/index.jsp?r=msa&l=68463>

Offers a comprehensive list of volunteer opportunities in the Omaha area.

### Individual Agencies/Organizations

#### Alegent Health

Bergan Mercy: 402-398-6199; Immanuel: 402-572-2722; Lakeside: 402-717-8057;

Mercy: 712-328-5141; Midlands: 402-593-3747;

[http://www.alegent.com/body.cfm?id=5891&action=detail&service=205#utm\\_source=topnav&utm\\_medium=link&utm\\_campaign=volunteer](http://www.alegent.com/body.cfm?id=5891&action=detail&service=205#utm_source=topnav&utm_medium=link&utm_campaign=volunteer)

Volunteering at Alegent Health is an excellent way to make a difference, not just in the lives of others, but also in your own. Whether you are a part of a community-minded group or a concerned individual aware of the difference one person can make, we have many fulfilling opportunities for volunteers at any of our Alegent Health Hospitals.

#### American Red Cross Heartland Chapter

Liz Clausen; (402) 343 – 7714; [clausen@usa.redcross.org](mailto:clausen@usa.redcross.org)

[http://www.redcrossomaha.org/general\\_calltoaction.asp?CTA=2&SN=2630&OP=2634&IDCapitulo=V4N8M8Z9T9](http://www.redcrossomaha.org/general_calltoaction.asp?CTA=2&SN=2630&OP=2634&IDCapitulo=V4N8M8Z9T9)

You can help with our mission to prevent, prepare for and respond to emergencies.

#### The Arc of Omaha at the Ollie Webb Center

Lisa Dougherty; 402-346-5220, ext 22; [ldougherty@olliewebbinc.org](mailto:ldougherty@olliewebbinc.org); <http://www.olliewebbinc.org/arc/volunteer.shtml>

OWCI accepts volunteers 13 years of age and older. If an individual younger than age 13 would like to volunteer, he/she must be accompanied by an adult, and the events in which he/she can volunteer are limited.

#### Bethlehem House

Gina Tomes, Executive Director; 402-214-4869; [GFreimuth@cox.net](mailto:GFreimuth@cox.net); <http://bethlehemhouseomaha.org>

The Bethlehem House provides women with education, guidance and shelter throughout their pregnancies since 2005. On-site volunteer support including yard work, painting, special projects, organizing donations, craft classes, support during Christmas, Easter, Thanksgiving and much more.

#### Big Brothers Big Sisters

Beth Riley; 402-505-8028; [briley@bbbsomaha.org](mailto:briley@bbbsomaha.org)

[http://www.bbbsomaha.org/site/c.dwKXLjO3LsKeF/b.6342127/k.E130/Volunteer\\_to\\_start\\_something.htm](http://www.bbbsomaha.org/site/c.dwKXLjO3LsKeF/b.6342127/k.E130/Volunteer_to_start_something.htm)

Big Brothers Big Sisters is not your typical organization. We help children realize their potential and build their futures. We nurture children and strengthen communities.

#### Boy Scouts Mid-America Council

402-431-9272; [www.mac-bsa.org](http://www.mac-bsa.org)

**Boys and Girls Club of Omaha**

402-342-1600; <http://www.bgcmidland.org/index.php?id=410>

Passionate volunteers help enrich and develop the programs offered by Boys & Girls Clubs of the Midlands. From helping Club members with their homework to coaching sporting activities, volunteers are valuable assets that assist the Boys & Girls Clubs in helping those who need it the most.

**Boys Town**

<http://www.boystown.org/join-the-town>

Wants volunteers mentors and volunteer office assistants.

**Catholic Charities of the Archdiocese of Omaha**

402-829-9238; <http://www.ccomaha.org/take-action/volunteer>

Volunteerism not only provides needed human resources for Catholic Charities, but it allows us to offer more compassionate services to people in need. In return, we attempt to provide all of our volunteers with an enriching experience that matches their interests and enhances the quality of their lives.

**Completely Kids (Previously Camp Fire Omaha)**

402-397-5809; [http://completelykids.org/?page\\_id=12](http://completelykids.org/?page_id=12)

Completely KIDS reaches out to young children and teens in the Greater Omaha community through many exciting and educational programs. When you contribute your time, you help us touch more lives. To get involved today, consider your volunteer goals and available time. We offer opportunities to volunteer at events, for short-term assignments or for ongoing commitments.

**Catholic Schools**

<http://www.omaha.com/article/20120128/NEWS02/701289966>

Volunteers have to earn Safe Environment Certification from the archdiocese. In addition to taking a class, they must undergo a background check.

**Children's Hospital & Medical Center**

402-955-4010; <http://childrensomaha.org/Volunteer>

We rely on the generosity of volunteers to help us provide the best care possible to our patients and families. If you are interested in direct patient contact, you can assist by playing with children and providing support for family members. Other opportunities include assisting at Children's information desk, visiting with families in the surgery waiting area, working in the Children's Library, taking on special department projects and much more.

**Christ for the City International**

Jill – [jill@cfc.org](mailto:jill@cfc.org); 402-592-8332; <http://www.cfc.org/#/about-us>

Amazing things will happen as you share the love of Christ with others. We'll help you create an experience that matches your skills, abilities, schedule, etc. Custom-designed for you and/or your group! Do you have a few hours to spare each week, month, or occasionally? We often need help with general office duties.

**Creighton University Medical Center**

402-449-4036; <http://www.creightonhospital.com/en-us/communityservices/pages/volunteerservices.aspx>

Volunteers are a vital resource to the hospital. The needs of our society are continually changing, and so are the responsibilities, needs and identity of our volunteer force. Creighton University Medical Center volunteers continue the tradition of providing "that personal touch" for patients and visitors, as well as compliment and support employees and medical staff. Together with our staff, volunteers aid in the endeavor to provide leadership in patient care, education and research responsive to the health needs of our community.

**Desert Ministries**

402-566-8032; [info@desertministries.org](mailto:info@desertministries.org) <http://www.desertministries.org>

The primary objective of Desert Ministries is to create opportunities for volunteers to befriend frail, institutionalized older adults.

**Disabled American Veterans**

402-733-4328; <http://www.dav.org/volunteers/Opportunities.aspx>

Volunteers needed to drive a van, volunteer at a VA Hospital, and help local veterans.

**Domestic Violence Coordinating Council**

402-561-7537; [dvcc@dvccomaha.org](mailto:dvcc@dvccomaha.org); <http://dvccomaha.org/become-a-volunteer>

Volunteers are essential to the daily operations of the Domestic Violence Coordinating Council. Volunteers are needed to provide administrative support, hospitality, fundraising, and general office support. All volunteers are subject to a background check, and training will be provided.

**Douglas County Attorney – Victim Assistance Division**

Konny Eckersley; 402-444-4597; <http://www.douglascounty-ne.gov/countyattorney/volunteer-opportunity>

The Victim Assistance Division is always looking for responsible volunteers who would like to help in the many areas the Victim Assistance serves.

**Durham Museum**

402-444-5071; [info@durhammuseum.org](mailto:info@durhammuseum.org); <http://www.durhammuseum.org/support/volunteer/get-involved.aspx>

Volunteers needed for soda fountain, front desk, museum shop, photo archives, docent/train car host, membership, etc.

**Eastern Nebraska Office on Aging**

402-444-6444; <http://www.enoa.org/>

Numerous volunteer opportunities: Foster Grandparent Program, Home Delivered Meals; Intergeneration Orchestra; Ombudsman Advocate Program; Retired and Senior Volunteer Program; Senior Companion Program' SeniorHelp Volunteer Program; and SMP-Senior Medicare Patrol

**First Book. Omaha**

[cd@firstbook.org](mailto:cd@firstbook.org); <http://www.firstbook.org/get-involved/volunteer>

It seems obvious...kids need books to learn to read. Yet, 80% of programs serving kids in need have no age-appropriate books. First Book is determined to see that all children, regardless of their economic conditions, can achieve more in school and in life through access to an ongoing supply of new books. We are looking for passionate, entrepreneurial people to help us get books to the kids who need them most.

**Food Bank for the Heartland**

Sarah Grobbelaar, Director of Talent; 402-905-4801;

<http://www.omahafoodbank.org/make-difference/donate-time/default.aspx>

The dedicated service and generosity of our volunteers make it possible for Food Bank for the Heartland to continue its mission of eliminating hunger in the community.

**Franciscan Centre – New Cassel Retirement Center**

402-393-2277, x 310; [http://www.newcassel.org/index.php?option=com\\_content&view=article&id=57&Itemid=119](http://www.newcassel.org/index.php?option=com_content&view=article&id=57&Itemid=119)

New Cassel provides a beautiful setting for individuals to enrich their way of life, while they complete volunteer programs. Volunteers are used in the areas of dining, spiritual services, activities and several other options.

**Fund Fighting Fibromyalgia**

402-214-1565; [fff2009@cox.net](mailto:fff2009@cox.net); <http://www.fundfightingfibromyalgia.com>

Volunteers are needed for a variety of duties

**Girls Scouts Spirit of Nebraska**

402-558-8189; <http://girlscoutsnebraska.org/for-adults/volunteering>

Volunteers are the heart and soul of Girl Scouts. Volunteering with us helps you make contacts, enhance your skills, apply your talents, discover your potential, build community and inspire girls everywhere.

**Habitat for Humanity**

Christiana Roenne, Volunteer Coordinator; Mark Brannen, Outreach Coordinator

402-457-5657; [habitat@habitatomaha.org](mailto:habitat@habitatomaha.org); <http://www.habitatomaha.org/volunteer.asp>

Habitat is about more than swinging a hammer. Diverse set of opportunities available for volunteers from all walks of life.

### **HERTA - Heartland Equine Therapeutic Riding Academy**

Whitney Stonebraker, Volunteer Coordinator; 402-359-8830 or 402-669-1504; [Whitney@hetra.org](mailto:Whitney@hetra.org)

[http://www.hetra.org/?page\\_id=629](http://www.hetra.org/?page_id=629)

Without our dedicated Volunteers we wouldn't have a therapeutic riding program! We would love to have you join the HETRA team. To become a volunteer, you DO NOT need to have experience with horses or disability knowledge. All it takes is one volunteer training session, and you are on your way!

### **Hope Center for Kids**

Volunteer Coordinator; 402-341-4673, x 1002; [volunteer@hopecenterforkids.com](mailto:volunteer@hopecenterforkids.com)

[http://www.hopecenterforkids.com/giving/give\\_time.html](http://www.hopecenterforkids.com/giving/give_time.html)

The Hope Center for Kids needs your help in fulfilling our mission to our North Omaha youth! We offer a variety of clubs and activities for our members each and every day, and we need your help.

### **Ignatian Volunteer Corps**

Becky Ehrman, Regional Director; 402-681-6311; <http://www.ivcusa.org/ivc-offices/welcome-to-ivc-omaha/>

The Ignatian Volunteer Corps taps into the nation's greatest resource- women and men age 50 and older who are looking to share their skills, talents and life experiences with organizations that directly assist people who are poor, or address issues related to poverty. Along with the volunteer experience Ignatian Volunteers grow deeper in Christian faith by reflecting and praying in the Ignatian tradition. Through reflecting and praying – individually and communally- deepens the experience of service, and is a unique feature of the Ignatian Volunteer Corps.

### **Junior Achievement of the Midlands, Inc.**

402-333-6410; [healey@jaomaha.net](mailto:healey@jaomaha.net); [http://www.ja.org/involved/involved\\_vol.shtml](http://www.ja.org/involved/involved_vol.shtml)

A want versus a need. How to balance a checkbook. Don't you wish that someone had taught you those things as you were growing up? Now there is someone. YOU. All we need is your enthusiasm, life experience, and a willingness to teach children about how you took chances and shot for the stars. Junior Achievement provides the training, curriculum, and a classroom ready to meet you.

### **Keep Omaha Beautiful**

Cindy Smilley, Executive Director; 402-444-7774; <http://www.keepomahabeautiful.com/programs>

"Helping Hands" for senior and disabled citizens with yard cleanup; City-wide Spring Cleanup/Cleanup Omaha; Trail Maintenance; Homeless Shelter Cleanup

### **Little Brothers – Friends of the Elderly**

402-884-6641; <http://omaha.littlebrothers.org/volunteer.html>

Little Brothers–Friends of the Elderly is always looking for volunteers to meet one-on-one with elders in the Omaha community, deliver meals on special holidays, and/or escort elders to occasional events we host. We could not address our mission of relieving isolation and loneliness in the lives of the elderly without volunteers like you. Volunteers are asked to visit twice a month and make a minimum one year commitment to the Visiting Volunteer program. This maintains consistency and quality for our elderly friends.

### **Methodist Health System**

402-354-4522; <http://www.bestcare.org/mhsbase/mhs.cfm/SRC=DB/SRCN=/GnavID=43>

[http://www.bestcare.org/mhsbase/mhs.cfm/SRC=SP/SRCN=serv\\_detail/GnavID=27/servid=162](http://www.bestcare.org/mhsbase/mhs.cfm/SRC=SP/SRCN=serv_detail/GnavID=27/servid=162)

Meaningful opportunities are available to anyone interested in being a part the Methodist Volunteers In Partnership (VIP) or the Jennie Edmundson Hospital Volunteers. The role of the volunteer has become a vital part of the health care team. Share your gifts of time, energy and expertise. Volunteer today!

### **Midwest Dog Rescue Network (A Network of Foster Homes)**

402-659-9228; [mtway@hotmail.com](mailto:mtway@hotmail.com); <http://midwestdogrescuenetwork.com/becomingafosterhome.aspx>

Foster Program - Fosters are the most important part of our rescue group. Without our foster homes, we would be able to save only a fraction of the animals that we do. Foster homes provide potential adopters with answers to questions such as is an animal housetrained, good with other pets, etc.

### **Million Pillowcase project**

What is the One Million Pillowcase Challenge? [millionpillowcases@meredith.com](mailto:millionpillowcases@meredith.com)

American Patchwork & Quilting is challenging you to help us reach our goal of donating one million pillowcases to local charities. Many charities can benefit from the donation of a pillowcase and the challenge gives you the opportunity to donate and make a difference in your community. <http://www.omaha.com/article/20100418/NEWS02/704189880>

Suggested Charities - <http://www.allpeoplequilt.com/millionpillowcases/>

### **Nebraska Humane Society**

Sally Zachary, V.P. Volunteers and Education; 402-444-7800;

<http://www.nehumanesociety.org/site/PageServer?pagename=volunteer> **Volunteer**

You're invited to join the team! Currently, over 350 volunteers are involved in programs at the Lied Humane Center. It's fun, it's rewarding and it's easy. You must be willing to commit to a minimum of 8 hours per month. You must be willing to make a commitment of at least 6 months. You must attend an orientation and training session.

### **Nebraska Medical Center**

Volunteer Services; 402-559-4197; <http://www.nebraskamed.com/How-You-Can-Help/Volunteer-Services>

Opportunities are available day and evening, seven days a week. An initial six-month commitment is requested of all volunteers. Volunteers are asked to make a minimum of two to four hour commitment each week.

### **Omaha Children's Museum**

402-342-6164; <http://www.ocm.org/>

We are always on the lookout for motivated individuals who are dedicated to our mission of engaging the imagination and creating excitement about learning.

### **Omaha Home for Boys**

402-457-7000; <http://www.omahahomeforboys.org/volunteer/>

Become a volunteer mentor.

### **Omaha Police Department - C.O.P.S (Citizens in Omaha Police Services)**

Coordinator of Volunteer Services; 402-444-3598; <http://opd.ci.omaha.ne.us/employment/volunteering>

The Omaha Police Department is looking for self-motivated individuals who are interested in criminal justice, sociology, business, computer science, geography, journalism or aviation and who wish to develop their skills within a volunteer program with flexible hours. <http://co.douglas.ne.us/omaha/police/component/content/article/96>

### **Omaha Public Library**

Jody duRand, Volunteer and Partnership Manager; 402-444-4807; [jdurand@omahalibrary.org](mailto:jdurand@omahalibrary.org)

<http://www.omahapubliclibrary.org/support-the-library/volunteer>

There are a variety of volunteer positions available.

### **Omaha Visitor Information Center**

402-444-4660; <http://www.visitomaha.com/visitors/about-us/ambassador-application/>

Looking for Volunteer Ambassadors to work at the Visitor Center.

### **Omaha's Henry Doorly Zoo**

402-738-2092; <http://www.omahazoo.com/education/volunteer/adult/>

Omaha's Henry Doorly Zoo has a selection of volunteer opportunities that are both interesting and fulfilling. Some positions interact with Zoo visitors, while others may work behind the scenes. Whatever the job, each and everyone is valued and performs a service for Omaha's Zoo that cannot be measured in dollars and cents. It involves spending time with like-minded individuals while helping the Zoo accomplish its many goals by becoming a Zoo volunteer.

### **Open Door Mission**

Corine Sawadogo; 402-422-1111, ext 1504; [volunteer@opendoormission.org](mailto:volunteer@opendoormission.org); <http://www.opendoormission.org/volunteer>

At the heart of Open Door Mission is its volunteers. You, your family, your co-workers or your church can help hungry and homeless men, women and children. Working hand in hand, members of the community can make a difference at Open Door Mission. You can assist Omaha's hungry and homeless in several ways: prepare and serve meals; empower families to remain in their homes; share the Good News of Christ; Play, read or tutor children; receptionist; Friends of the Friendless.

### **Opera Omaha**

402-346-7372; <http://www.operaomaha.org/get-involved/default.aspx>

Be a volunteer usher or assist in the office. There are many ways to be involved.

### **Orphan Grain Train - Diapers from T-shirts**

Jana M. Inglehart, Director of Public Relations - [jinglehart@ogt.org](mailto:jinglehart@ogt.org); 402-371-7393 Ext 113;

<http://www.ogt.org/index.php/specialprojects/index>[http://www.ogt.org/index.php/regionaldivisions/article/diapers\\_from\\_t-shirts\\_project\\_at\\_rocky\\_mountain\\_division/](http://www.ogt.org/index.php/regionaldivisions/article/diapers_from_t-shirts_project_at_rocky_mountain_division/)

Orphan Grain Train is a Christian volunteer network that shares personal and material resources with needy people in America and around the world. Grain Train volunteers gather donations of clothing, medical supplies, food, Christian literature, and other aid to meet real needs. The Orphan Grain Train movement is a loving response to Jesus Christ's example as a servant and His love for us.

### **The Phoenix House**

Carolyn Shannon; 712-256-2059; 402-256-2059

The Phoenix House is a Catholic Charities Domestic Violence and Sexual Abuse Program. It provides shelter, crisis counseling, and other related services. Volunteer to provide childcare, sort donations, provide counseling, etc.

### **Project Linus**

Ginny DeBates, Chapter Coordinator - <http://omahaprojectlinus.org/>

Omaha Project Linus is an all-volunteer non-profit organization that operates as Omaha and Council Bluffs metropolitan area. Project Linus is a national non-profit organization with more than 300 chapters in cities across the United States and beyond. On Christmas Eve, 1995, Karen Loucks-Baker of Parker, Colorado read an article in Parade magazine. The article mentioned a little girl with leukemia undergoing chemotherapy and said that she took her security blanket to her treatments. Karen began collecting and distributing handmade blankets to hospitals in the Denver area. Named after the character in the "Peanuts" comic strip, Project Linus was born.

### **Project NEMO (Nebraska Mobility)**

402-345-2200m x 1122; [http://ridenemo.com/Get\\_Involved.html](http://ridenemo.com/Get_Involved.html)

NEMO is currently looking for volunteers for the following projects; CWS, Volunteer Driver Program, Travel Training. There are many different ways and schedules that a little of your time can make the difference for individuals in our community. Please call today to learn more!

### **Retired and Senior Volunteer Program**

402-444-6558; <http://www.seniorcorps.org/rsvp/>

RSVP is a program specially designed for seniors over the age of 55. With this program, there is a huge variety of volunteer positions available for you. You choose the hours you will put in, where you will serve as a volunteer, and the type of work you will do. Work in a gift shop, information desk, box office, concession, at events, as a guardian, driver, tutor, or elsewhere. The Retired and Senior Volunteer Program is recruiting volunteers for a variety of organizations.

### **Ronald McDonald House**

Amy; 402-346-9377, x 224; <http://www.rmhomaha.org/volunteer>

The Ronald McDonald House® needs your help. Please consider joining our group of dedicated volunteers who assist at the Ronald McDonald House.® Some help with upkeep of the House; others assist at special events.

### **Salvation Army**

Kay Weinstein, Omaha Metro Area Volunteer Director; 402-898-6000

<http://www.givesalvationarmy.org/how-you-can-help/volunteering/default.aspx>

Volunteers are valuable assets in The Salvation Army's efforts to meet the changing needs of our world. Through the skills and experience they bring to The Army, volunteers make significant contributions to society by positively impacting the lives of those they assist. Salvation Army volunteers change lives, uplift families and support communities throughout our nation everyday.

### **Salvation Army Kroc Center**

402-905-3500; [carrie\\_welch@usc.salvationarmy.org](mailto:carrie_welch@usc.salvationarmy.org); <http://www.omahakroc.org/about/join-team/volunteer.aspx>

Since the Kroc Center is open daily with numerous programs and activities offered, we have a great need for volunteers. Whether you are experienced in coaching, mentoring, enjoy giving tours, or want to do something completely different than your daily routine, we have something for you!

### **ServeNebraska – Nebraska Volunteer Service Commission**

[http://www.serve.nebraska.gov/getinvolved/get\\_involved\\_locate\\_center.htm](http://www.serve.nebraska.gov/getinvolved/get_involved_locate_center.htm)

Mobilizing Nebraskans to strengthen their communities through volunteering, collaboration, and national service programs. Our state features a wealth of public and private organizations that could benefit from your volunteer support. The simplest way to volunteer is simply to locate and contact an organization close to you that meets a need you care about.

### **Share Our Strength - No Kid Hungry**

[http://www.strength.org/get\\_involved/volunteer/](http://www.strength.org/get_involved/volunteer/)

Share Our Strength®, a national nonprofit, connects children with the nutritious food they need to lead healthy, active lives. Through its No Kid Hungry® Campaign, Share Our Strength is ending childhood hunger in America. Each year thousands of dedicated volunteers share their strength to help make our fundraising events and programs ever more successful. There are many ways to volunteer with Share Our Strength.

Taste of the Nation, the nation's largest and finest culinary benefit

Great American Bake Sale, bake sales hosted by individuals, workplaces, churches and other community groups

Cooking Matters, a cooking-based nutrition education program; <http://cookingmattersomaha.org/blog/>

A Tasteful Pursuit and No Kid Hungry Dinners, dinners with America's finest chefs

### **Special Olympics Nebraska**

Lisa Shkolnick, Volunteer Manger – 402-331-5545 x 23; [lshkolnick@sone.org](mailto:lshkolnick@sone.org) <http://www.sone.org/>

Day-of-Event Volunteer - Help run a component of competition, escort athletes, keep score, present awards, announce, assist with logistics, and more. Commitment: 1/2 day or full day options.

"Category A" Volunteer - Volunteers that work one on one with Special Olympics Athletes or Teams. Become a Coach, Assistant Coach, Chaperone, or Unified Partner; training and competing in a sport alongside a Special Olympics athlete. Commitment: Participation in seasonal sport, average 2 hours per week for minimum of 8 weeks.

### **StandUp For Kids – Omaha**

[Omaha@standupforkids.org](mailto:Omaha@standupforkids.org) <http://www.standupforkids.org/omaha/default.aspx>

StandUpFor Kids is an all volunteer organization. We are in need of your support. For those who want to get involved in outreach, StandUpFor Kids provides sixteen hours of training to provide you the tools to reach out and make a difference in kids' lives.

### **Stephen Center**

402-731-0238; <http://www.stephencenter.org/volunteer.html>

If it weren't for volunteers, the Stephen Center wouldn't be what it is today. Volunteers are needed every day to assist with the activity around the shelter.

### **TeamMates Mentoring Program**

402-390-8326; [metroassistant@teammates.org](mailto:metroassistant@teammates.org); <http://teammates.org/chapters/metroomaha.htm>

Founded in 1991 by Dr. Tom and Nancy Osborne, theTeamMates Mentoring Program is a non-profit organization that provides the framework for adults to serve as mentors to youth. Leadership, training, and support for school-based mentoring programs is provided.

### **United Way of the Midlands**

402-342-8232; <http://www.uwmidlands.org/volunteer-central.html>

Thousands of people find meaningful volunteer projects, all year long, with our help. And that means dozens of local nonprofit organizations get the help they need to carry out their important human service mission.

### **Volunteers Assisting Seniors (VAS)**

Sue Fredricks, Executive Director; [sfredricks@vie.omhcoxmail.com](mailto:sfredricks@vie.omhcoxmail.com)

Nicole Meyer, Program and Volunteer Coordinator; [nmeyer@vie.omhcoxmail.com](mailto:nmeyer@vie.omhcoxmail.com)

402-444-6617; <http://www.vas-nebraska.com/>

Volunteers Assisting Seniors (VAS), a 501(c)(3) nonprofit organization, provides information, advocacy, and access to community resources for senior citizens living in Cass, Dodge, Douglas, Sarpy, and Washington counties in Nebraska. For more than thirty years, Volunteers Assisting Seniors has utilized the skills, knowledge, and education of retired senior citizens to help other seniors better understand their benefits and entitlements. Over the years, VAS's philosophy of "seniors helping seniors" has enabled retired professionals to remain active in the community while providing invaluable support and services to their peers.

### **Women's Center for Advancement (Formerly the YWCA Omaha)**

Margo Parsow; 402-345-6555; [margop@wcaomaha.org](mailto:margop@wcaomaha.org); [http://www.wcaomaha.org/Get\\_Involved/Volunteer](http://www.wcaomaha.org/Get_Involved/Volunteer)

Women's Center for Advancement (WCA) is grounded firmly in our own community, with services and programs to meet the needs of women and families here at home. Give your skills and talents - we offer you a wide range of opportunities, including WCA Partners - a volunteer guild that supports WCA programs and activities.